

Replacement Sheet

POWERFLEX DELUXE WALKING STICKS
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CLAIM

I claim:

1. A walking aid and exercise device, used in pairs, comprising: a flexible shaft which is curved along its longitudinal axis, concave to the plane of forward motion; a contoured, removable handgrip which attaches to the upper end of the shaft, and is angled approximately 15 degrees forward of the vertical axis of the shaft; a removable tip at the bottom of the shaft.
2. The device of claim 1 wherein the length of the device is in the range of 36 to 60 inches.